

CURRICULUM VITAE

THOMAS B. JACKSON,

MD

LICENSES:

California, Physician & Surgeon-
G27533 BNDD- AJ7948889

PROFESSIONAL EXPERIENCE:

November 2019- Present

Private Practice
Desert View Health
61730 Mesa Ct.
La Quinta, CA 92253

May 2013- December 2019

Private Practice
Desert Behavioral Health
16195 Siskiyou Road, Suite 120A
Apple Valley, CA 92307
760-946-2040

January 2011-May 2019

Private Practice
Mountain High
Health PO Box 3589
25740 Fir Street
Idyllwild, CA 92549
951-659-1991

March 2011-May 2013

Medical Director
Lutheran Social
Services
41945 Big Bear Blvd., Suite 200
Big Bear Lake, Ca 92315
909-866-5070

November 2001 – January 2011

Private Practice
Preferred Behavioral Medical
Group
245 Terracina Blvd., Suite 206
Redlands, CA 92373

May 2003 - Present

President, CEO
Sensational Creations, Inc.
54401 Tahquitz View Drive
Idyllwild, Ca 92549

May 1987 – June 2001	Medical Director Tri-City Mental Health Center Administrative Offices 3201 Temple Ave., Suite 250 Pomona, CA 91768-3279
February 1991 – October 1999	Staff Psychiatrist Perris Mental Health Center Riverside County Mental Health 1688 N. Perris Blvd. Perris, CA 92571
June 1995 – October 1996	Staff Psychiatrist Emergency Treatment Services Riverside County Mental Health 9990 County Farm Road Riverside, CA 92590
February 1990 – November 1993	Staff Psychiatrist Temecula Mental Health Center41002 County Center Drive, Ste. 320 Temecula, CA 92590
June 1989 – August 1991	Staff Psychiatrist Riverside County Hospital 9851 Magnolia Avenue Riverside, CA 92503
July 1975 – February 1991	Staff Psychiatrist Crisis Evaluation Unit 12400 Norwalk Blvd. Norwalk, CA 90650
March 1982 – January 1985	Staff Psychiatrist Therapeutic Residential Center 3825 North Durfee Ave. El Monte, CA 91732
February 1980 – April 1982	Staff Psychiatrist Day Treatment Center Metropolitan State Hospital 12400 Norwalk Blvd. Norwalk, CA 90650
August 1978 – June 1980	Medical Director My Family Drug Rehabilitation Program PO Box 56 Mountain Center, CA 92561

APPOINTMENTS:

June 1998 – June 2001

Instructor
Family Practice Residency
Program
Pomona Valley Hospital
Medical Center
1798 Garey Ave
Pomona, CA 91767

September 1998 – 2000

Physician Advisory Board
Eli Lilly and Company
Lilly Corporate Center
Indianapolis, IN 46285

January 1996 – 2000

Physician Advisory Board
Janssen Pharmaceutica Inc.
1125 Trenton-Harbourton Road
Titusville, NJ 08560-0200

ACADEMIC PREPARATION

Psychiatry Residency
1974 – 1976

University of California, Irvine
Medical Center
101 City Drive South
Orange, CA 92868

Rotating Psychiatry Internship
1973-1974

University of California, Irvine
Medical Center
101 City Drive South
Orange, CA 92868

Medical School
1969 - 1973

Northwestern University
Medical School
303 E. State Street
Chicago, Ill. 60611

Undergraduate Education
1967 -1969

University of California
Santa Barbara
Goleta, CA

Undergraduate Education
1965 –1969

Chaffey College
Alta Loma, CA

RESEARCH / BOOK / RADIO INTERVIEWS / MAGAZINE ARTICLES ACHIEVEMENTS

Alsten, C., Downey, R. III and Jackson, T. (1996) Sleep Training To Enhance The Quality And Quantity Of Aircrew Sleep Under Adverse Conditions. Paper presented at the 1996 Aerospace Medicine Association Meeting, May 15, 1996 Atlanta, GA.

Alsten, C.R., Downey, R.W. III, and Jackson, T.J., Preliminary Evaluation of a "Sleep Training" Program. Final Report USAF contract F41624-93-6005, August 1994 and Sleep Research 1995: 125.

Jackson, T.J. and Alsten, C.R. Replacement of Sedative-Hypnotics with a Multi-Modality, Tape Recorded Insomnia Treatment Program on a Locked Psychiatric Unit. Sleep Research, 1995:324

Alsten C., Jackson T., Lachine M. "Comparison of the Relaxation Efficacy of 3-D "Living Sound" Audio Programs and Ordinary Relaxation Programs". Presented at the Society of Behavioral Medicine Conference, San Francisco, March 13, 1993

Alsten, C.R. and Jackson, T. The Efficacy of 3-Dimensional Sound "Audiogenic Therapy" Programs with Hospitalized Psychiatric and CD Patients: An Outcome Study. Presented at the Society of Behavioral Medicine Conference, San Francisco, Mar. 13, 1993

Jackson, T. and Alsten C.R. (1986) Using Audio Cassette Therapy in the Treatment of Adult Insomnia, Childhood Insomnia and Anxiety Related Behavior Problems. Presented at the Institute for Behavioral Research in Health Care Annual Meeting, March 1, 1986

BOOK

Jackson, T. *DreamChild Adventures in Relaxation and Sleep*. Published in 2012.

PATENTS

Medical product development- holder of two U.S. Patents, issued in 2008 and 2010.

RADIO INTERVIEWS

- 8/10: Radio interview with WILS in Lansing, MI
- 8/13: Radio interview with CHNI in Halifax, NS
- 8/20: Radio interview with WCUB in Manitowoc, WI – working on rescheduling
- 8/21: Radio interview with WFRG in Atlanta, GA
- 8/24: Radio interview with WENG in Osage Park, MO
- 8/28: Radio interview with CKEC in New Glasgow, NS
- 9/2: Radio interview with Joy1250 in Toronto, ON
- 9/14: Radio interview with CJBK in London, ON
- 9/14: Radio interview with WTHB in North Augusta, SC
- 9/14: Radio interview with KRMS in Osage Beach, MO

- 9/14: Radio interview with WNEW in Washington, DC
- 9/21: Radio interview with KUNQ in Houston, MO
- 9/25: Radio interview with KSEN in Shelby, MT
- 10/10: Web interview (via email) with Have Sippy Will Travel in Woodland Park, NJ
- 10/11: Radio interview with WEAA (NPR affiliate) in Baltimore, MD
- 10/17: Newspaper interview with Pittsburgh Tribune-Review in Pittsburgh, PA.
- 10/18: Radio interview with WOAI in San Antonio, TX
- 10/19: Radio interview with CJOB in Winnipeg, MB
- 10/19: Radio interview with CKBZ in Kamloops, BC
- 10/19: National radio interview with ABC News Radio in New York, NY
- 10/20: Radio interview with WCCO in Minneapolis, MN
- 10/23: Radio interview with CKDQ in Drumheller, AB
- 10/24: Radio interview with CFCO in Chatham, ON
- 10/26: Radio interview with WYRQ in Little Falls, MN
- 10/30: National radio interview with SiriusXM in Washington, DC
- 10/31: Radio interview with WBEZ in Chicago, IL
- 11/6: Radio interview with WREL in Lexington, VA